

Masters Open Meeting – Nuneaton

Sunday 6 Sept 2020

This was probably the first and only “Masters” open meeting of the year, so quite a few of the Welsh Masters T&F squad travelled across to the East Midlands (of England!) to join the fun. In fact, we were so well represented it felt rather like an Inter Area competition where Welsh Masters ladies were taking on the best of the rest!

In no particular order, the Welsh Masters ladies performed as follows:

Name	Age Group	Event	Performance	Comments
Heather Graz	W 45	3000 mt	11'26.12 min	PB
Iris Holder	W75	100 mt	19.00 sec	
		Long Jump	2.97 mt	
Nicola Buckwell	W60	100 mt	16.35 sec	
		Long Jump	3.19 mt	
Louise Kirby	W50	100 mt	14.93 sec	PB
		200 mt	31.08 sec	PB
Mel Garland	W55	100 mt	14.47 sec	
		200 mt	30.23 sec	
		Long Jump	4.50 mt	
Angela Bryant	W55	100 mt	15.33 sec	
		200 mt	31.90 sec	
Eleri Jones	W35	100 mt	13.43 sec	PB
		200 mt	28.86 sec	PB
Becky Selvey	W 45	200 mt	31.35 sec	Outdoor PB
		400 mt	72.11 sec	
Juliet Sidney	W 50	100 mt	13.82 sec	Age group PB
		200 mt	29.26 sec	
Ros Townsend-Hope	W 65	200 mt	36.10 sec	Age group PB
		400 mt	82.41 sec	
Katy Roy	W 35	1500 mt	4'49.02 min	PB
		800 mt	2'23.00 min	PB
Julie Wakelam	W 60	Discus	20.15 mt	
		Hammer	30.78 mt	
		Javelin	22.14 mt	

In addition to those who competed on the day, the following Welsh Masters athletes were also booked in, but were unable to attend:

Sharon Samuel, Jan Timberlake, Cheryl Devonish and Michelle Thomas

Our Welsh Masters men's T&F squad, despite being more than twice the size of the ladies squad, could only muster three athletes on the day, plus a guy from Cardiff who will hopefully join us next year.

Their performances were as follows:

Name	Age Group	Event	Performance	Comments
Mel James	M 75	100 mt	16.06 sec	
		200 mt	33.12 sec	
Keith Powell	M 55	100 mt	13.44 sec	
		Long Jump	4.48 mt	
Eric Oram	M 55	100 mt	13.38 sec	Age group PB
Chris Shepherd	M 40	Long Jump	5.20 mt	PB
(Cardiff AC)				

Sadly, Brett Davis was unable to attend due to injury. Apologies if I have missed anyone off the list.

The event at Nuneaton was run extremely well, with photo finish / electronic timing, EDM equipment for measuring the throws and the jumps, wind gauges where required – and with a very large number of experienced yet friendly officials.

The whole thing was operated with Covid in mind, with track/trace cards, hand sanitizer, socially distanced spaces for spectators and so on. They even provided a café serving drinks and snacks (one way system) plus large screens showing the results and a live feed for those who could not be present.

The organisation at Nuneaton was excellent and, coupled with a newly laid track I can understand why these event are so popular.

There are a number of photo's from the meeting. A selection of these will be displayed on the Welsh Masters website.

Finally, a big “thank you” to the Midland Vet's League. They had originally booked the Nuneaton track for 6 Sept to hold their Midland Vet's Cup Final for the top vet/masters teams from across the region. With the Cup Final cancelled, the Midland Vet's League Divisional Secretary negotiated with officials at Nuneaton Harriers to use the day to host a Master's Open Meeting – and I'm so pleased they did!

Roger Garland
Ladies T&F Team Manager
Welsh Masters Athletics

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